



For Immediate Release

Through *Thalhimer Gives*, Cushman & Wakefield | Thalhimer Establishes Meaningful Partnership with From the Heart

RICHMOND, VIRGINIA, April 18, 2023 – Cushman & Wakefield | Thalhimer partnered with From the Heart (FTH) for the first quarter of 2023 through their *Thalhimer Gives* program, a company-wide initiative focused on community involvement and charitable giving. Through *Thalhimer Gives*, associates actively engage in the community by donating financially, providing much-needed supplies, and giving generously of their time to local non-profit organizations.

- **Donating financially**
 - Thalhimer associates raised \$5,300 for From the Heart through *Friday Jeans* donations. *Friday Jeans* allows Thalhimer associates to wear jeans every Friday and make a monetary donation to the *Thalhimer Gives* partner organization, along with a company match.
- **Giving generously of their time**
 - Thalhimer partnered with From the Heart for volunteer opportunities and gave associates paid time off to give back.
 - Thalhimer associates volunteered on three dates throughout the quarter, learning to make fidget mats and cuffs for memory care patients, create stuffed bunnies and pom poms, make hats for the homeless, and stitch lap blankets. All items will be donated to FTH's partner organizations, including homeless shelters and care facilities throughout Central VA.
 - A team of Thalhimer associates helped FTH at their workshop with several maintenance items. They replaced ceiling light bulbs, cleaned light fixtures, painted the bathroom, cleaned windows, and did many other repairs and cleaning.
- **Providing much-needed supplies**
 - Thalhimer associates donated hundreds of items that From the Heart utilizes to make the hand-stitched items, such as yarn, fiber fill, fabric, and delivery supplies such as bags and branded tags for their donation bags, as well as a new outdoor sign.

"From the Heart is overwhelmed with the Thalhimer Gives partnership. This was a three-way, beneficial experience; for our volunteer members, for the participation of associates of Thalhimer, and the many recipients receiving the comfort items created as a result of these generous donations. We sincerely thank all of you, especially Liz Greving, our Thalhimer Gives champion, from our hearts." Kulla Ficare, President, From the Heart.

"Through our Thalhimer Gives initiative, we have helped dozens of charitable and non-profits in our community. One of our most unique charitable partners has been From the Heart, whom we supported in this year's first quarter through our Richmond office. From the Heart provides hand-stitched items to people that are suffering and in need, through organizations such as hospitals, nursing homes, and hospice care. Our associates enjoyed working on stitched items, fixing up the FTH

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office, and donating much-needed supplies. Creating a stitched item from a ball of yarn takes a lot of patience and talent, and it's indicative of how much this organization cares for those they are helping." Lee Warfield, President & CEO of Thalhimer.



Pictured from left: Paula English, Thalhimer, Kulla Ficare, President, From the Heart, Liz Greving, Thalhimer.

About From the Heart

Our mission is to serve our community by preserving and promoting fiber arts, creating a spirit of fellowship and love among our volunteers and board members, and producing handmade items which bring comfort, love, and solace to others. From the Heart is a volunteer organization that distributes hand-stitched items that improve the physical and emotional well-being of individuals who are sick or in need. www.fromtheheartstitchers.org

About Thalhimer Gives



Founded in 2018, Thalhimer Gives is a company-wide initiative focused on community involvement and charitable giving in the markets we serve. Through Thalhimer Gives, our associates actively engage in the community by donating financially, providing much-needed supplies, and giving generously of their time, with paid time off, to local non-profit organizations.

Organizations are nominated each year by Thalhimer associates who are actively involved with a non-profit or passionate about the organization. In 2022, the 5th anniversary of Thalhimer Gives, we donated a total of \$58,809, collected thousands of supplies, and associates volunteered 594 hours to local charities.

About Cushman & Wakefield | Thalhimer

Thalhimer was founded in 1913 and currently has offices in Richmond, Newport News, Virginia Beach, Fredericksburg, Roanoke, Charlottesville, and Lynchburg, Virginia. The company has nearly 100 broker professionals and employs nearly 425 associates. Thalhimer represents, on behalf of its clients, a property portfolio of nearly 55 million leasable square feet, and management of nearly 30 million square feet of commercial property, and over 9,000 multifamily units. In 2022, Thalhimer completed over 1,900 transactions with a transactional volume of more than \$2.3 billion. Thalhimer is the region's leading provider of comprehensive commercial real estate services. The firm offers comprehensive commercial real estate services including corporate services, investment sales, tenant representation, project management, asset management, and the sale and leasing of office, industrial and retail properties. To learn more, visit www.thalhimer.com.

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